USER´S MANUAL

NAVIGATING THE EFFICIENT PARENTING II MOODLE PLATFORM

Project Information

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1. ACCESS TO THE PLATFORM

- **URL:** https://learning.efficient2parenting.eu/?redirect=0
- **Login:**
  - Click on the “Login” button in the top right corner.
  - Enter your username and password.
  - If you don’t have an account, click on “Create new account” or contact the administrator for support.

2. COURSE LANGUAGE SELECTION

The EP2 Moodle platform is available in multiple languages to ensure accessibility for all users. The available languages are:

- Spanish
- English
- Dutch
- Romanian
- Greek

To select your preferred language:

1. Go to the main menu or course home.
2. Click on the language of your choice. The content and resources will automatically adapt to the selected language.

3. MOODLE STRUCTURE

Home Page

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- The main page displays a list of available courses.
- The web of the project is available here.
- You can search for a specific course or browse through the available content using the navigation bar.

Course Organization

The EP2 platform offers **four main courses**, each focusing on a key area of child development, digital safety, and gender equality:

- **Support Children with Disabilities**
  Supporting children with disabilities through inclusive and tailored approaches.
- **Women's Empowerment in Challenging Environments**
  Promoting women's empowerment in difficult contexts, addressing education, participation, and well-being.
- **Children's Personal Data Protection**
  Key principles for protecting children's personal data in digital and educational environments.
- **Protecting Children from Digital Misinformation/disinformation**
  How to teach critical thinking to protect children from misinformation online.

Each course is structured into:

- **Introduction** – Summary of the module's objectives and content.
- **Lessons whit theory and practice** – Educational materials, key concepts and activities designed to apply the acquired knowledge.
- **Resources** – Additional material to support the learning process.

4. NAVIGATING WITHIN A COURSE

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1. Select the course from the homepage.
2. Review the **Introduction** section for a detailed overview of what you'll learn.
3. Navigate through the lessons using the "Next" and "Previous" buttons or the sidebar menu.
4. Complete the activities by following the provided instructions.

5. USE OF ADDITIONAL RESOURCES

- **File downloads:** PDF, Word, or other file formats are available for download.
- **External links:** Some resources may redirect you to external websites. Open them in a new tab to avoid losing your progress.
- **Videos:** Click the "Play" button to watch embedded videos directly on the platform.

6. ACTIVITIES AND QUIZZES

Go to the **Practice** section within the course:

1. Choose the activity or quiz you want to complete.
2. Carefully read all instructions before starting.
3. Once finished, click "Submit" to record your responses.

⚠**Important**

- At the end of each course, you must complete the **final quiz**. **Only after successfully completing the final quiz will you earn the course badge**, which certifies your participation and completion.

7. PARTICIPATION IN FORUMS AND DISCUSSIONS

1. Access the **Forums** section from the main course menu.
2. Browse existing posts to get familiar with the current discussions.
3. Participate by replying to posts or starting a new discussion topic.

Explore and learn with EP2's Moodle platform!

The platform is designed to provide a rich and engaging learning experience. If you need help, the project team is available to support you at every step. Good luck!

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